



## Sunscreen (SPF 30-40)

### Ingredients

**½ cup** Coconut Oil

**½ cup** Avocado Oil

**4 Tbsp.** Beeswax

**4 Tbsp.** Shea Butter

**2 tsp.** Vitamin E Oil

**30 drops** Red Raspberry Seed Oil

**3 Tbsp.** Zinc Oxide

**10 drops** Peppermint Oil (optional)

**10 drops** Lavender (optional)

### Directions

- 1** Melt the coconut oil, avocado oil, beeswax, shea butter and vitamin E oil in a double boiler until well combined.
- 2** Remove from heat and add 30 drops of red raspberry seed oil. If you are adding the peppermint and lavender oil or any other essential oils, now is the time.
- 3** Very carefully add in the zinc oxide, taking care not to breathe any in. You might want to cover your mouth with a cloth if you do not trust yourself to be a careful mixer.
- 4** Mix Slowly and thoroughly until there are no more powdered clumps of zinc oxide.
- 5** Pour into your desired container and let it return to room temperature. I use small jars because it can be a little thick at times and it makes it easy to get to.
- 6** Use as you would any sunscreen of SPF 30-40.

\*Note: The beeswax and shea butter make the sunscreen thicker- if you want a sunscreen that is easy to squeeze through a bottle you should use the lower amounts, but it may make the sunscreen less waterproof. If waterproof sunscreen is your priority, stick with the larger amounts.